

How to use an Anapen®

Step 1



- Lay casualty on ground if possible
- Remove Black needle cap

Step 2



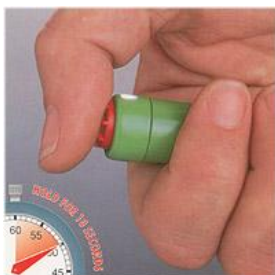
- Remove the black / grey safety cap from the firing button

Step 3



- Hold Anapen® firmly against the casualty's outer thigh and press the red firing button. A slight angle is acceptable, however ideally the injection should be at a 90 degree angle to the thigh (directly into the thigh)
- This can be done through clothing if necessary

Step 4



- Continue to hold Anapen® firmly in position for 10 seconds to allow the full dose to be injected
- Do not touch the needle after injection (see correct sharps handling / disposal techniques in needle stick injuries section)
- Massage the injection site for a further 10 seconds

Instructions will also be located on the device label. The injection should only be made into the thigh muscle and is usually fairly painless. In an emergency, you can inject through clothing. Medical advice should be sought as soon as possible after developing an anaphylactic reaction, even if the casualty feels better as the reaction can return when the effects of the adrenaline have worn off, usually between 10-20 minutes.